

### June 2008 Prayer Editors

Due Date: Thursday	29-May	5-Jun	12-Jun	19-Jun	26-Jun
Scripture Readings from Masses on:	June 1-7	June 8-14	June 15-21	June 22-28	June 29-July 5
Editor of the Week: *	Madamba	Arias	De Guzman	Jose	Reyes

**Instructions**

1. Find a quiet comfortable place conducive to prayer and meditation.
2. For some, saying a short prayer or the rosary is helpful to quiet the mind and get recollected.
3. Read the assigned scripture readings for the week prayerfully and quietly.  
This can be done alone, together with your spouse of prayer partner.
4. Ask yourself: What is the passage telling you (message) or wanting you to do (action)?  
What is the significance of the passage in relation to your life now, in the past or future (life story/history)?  
Who are you (character) in the scripture reading or story?  
Where (place) do you see yourself in the scripture reading?  
Who do you see (other) in the scripture reading?
5. Be sensitive to the movements of the Holy Spirit from within as you read the scripture passage that resonates with you or struck you.
6. Write down the selected scripture passage on a piece of paper.
7. Invoke the Holy Spirit to help you write a reflection or prayer with the aid of the scripture passage that spoke to you or that you choose.
8. Write the whole prayer from Opening to Thanksgiving .

**Remember: I - A C T S (Invocation, Adoration, Contrition, Thanksgivng, Supplication).**  
This was taught in one of the first teachings given by BLD about writng prayers.  
There are no other written instructions on writing or praying as intercessors.

**Word of Advice: Attend Mass and receive Holy Communion everyday, if possible.**  
Confession at least once a month, at the very least.  
Fast.  
Spend vigil time in front of the Blessed Sacrament  
Spend time writing a journal.